



*Comprehensive*  
**CONTINENTAL  
 CANCER -CENTRE**  
*From Prevention to Palliative*

**CANCER PREVENTION  
 STAY AHEAD OF CANCER**

**EARLY DETECTION  
 BETTER OUTCOMES**

**OVARIAN CANCER**




<b>Emergency</b>	+91 84980 81000
<b>Appointments / General Information</b>	+91 40 6700 0000
<b>Health Check Department</b>	+91 84980 83000
<b>Radiology Services</b>	+91 84980 73000
<b>Centralised Report Dispatch Unit</b>	+91 84980 76000
	9:00 AM - 6:00 PM
<b>Pharmacy</b>	+91 40 6700 0444

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**DEPARTMENT OF  
 CANCER PREVENTION AND  
 EARLY CANCER DETECTION**



Ovarian Cancer is the third most common gynecologic cancer among women in India and approx 14,621,427 women each year are diagnosed with ovarian cancer. In India, it is one of the most common cancer deaths in women. Most often, it is found late in India at the time of presentation. It is most beneficial to the women if cancer of the ovary is detected early, so that is treatable. To date, screening tests have shown that they decrease the risk of deaths from ovarian cancer. With advancing age, there is an increased risk of ovarian cancer. Risk factors for ovarian cancer, Endometriosis Postmenopausal hormone replacement therapy assisted reproductive technologies, Genetic mutations.

### **SCREENING FOR OVARIAN CANCER TRANSVAGINAL ULTRASOUND SCAN CA125 BLOOD MARKER**

#### **Genetic Testing, new biomarkers .**

Early Ovarian Cancers cause no symptoms. At Continental, we offer preventative health for ovarian cancer screening, (1) We offer testing for CA125, Transvaginal ultrasound notwithstanding their limitations With explanation to the patient, our specialists will discuss risks and benefits of ovarian cancer screening. We also offer genetic screening. For women with mutations such as BRCA1 or the mismatch repair genes MLH1, MSH2, MSH6. We advise to begin screening between the ages of 35-40. For women who have proven inherited predisposition, our recommendation would be to remove the ovaries and uterus, after the child bearing age, as the presently available screening methods for ovarian cancer

Never the less with the known limitations, CA125 and transvaginal ultrasound are helpful for screening of ovarian cancer

- **ONE IN EVERY 70 WOMEN WILL DEVELOP OVARIAN CANCER**
- **SMALL PERCENTAGE ARE BORN WITH GENETIC MUTATION AND ABOUT 40% OF THEM WILL DEVELOP OVARIAN CANCER**
- **TALK TO OUR EXPERIENCED SPECIALISTS, HOW THE RISK OF DEVELOPING OVARIAN CANCER CAN BE REDUCED**
- **WHEN YOU HAVE SYMPTOMS SUCH AS BLOATING OF THE ABDOMEN, LOW ABDOMINAL PAIN, SWELLING IN THE LOW ABDOMEN, FATIGUE, CHANGES IN BOWEL HABIT, INCREASED FREQUENCY TO URINATE, CHANGE IN PATTERN OF PERIODS, HEAVY BLEEDING DURING PERIODS**
- **WHEN IN DOUBT, GET YOURSELF CHECKED BY OUR TEAM OF SPECIALISTS IN OUR GYNAECOLOGY TEAM**
- **PAP SMEAR DOES NOT SCREEN FOR OVARIAN CANCER**
- **EARLY DETECTION SAVES YOUR LIFE**
- **IF YOU HAVE A FAMILY HISTORY OF OVARIAN CANCER, PLEASE SEE ONE OF OUR SPECIALISTS, TO ARRANGE FOR GENETIC COUNSELLING**

**YOU NEED NOT LIVE IN UNCERTAINTY.  
OUR EXCELLENT TEAM IN GYNAECOLOGY WILL  
ASSIST YOU TOGETHER**

